Colles Fracture

+ slipped radius epiphysis (SR2).

Complications:
1. Malunion / Non-union
2. CRPS
3. Delayed rupture EPL
4. Carpal Tunnel Syndrome
5. Median nerve lesion
6. Chronic stiffness

Aftercare:

1. Day 1: see in # clinic
2. Day 2-5: complete cast + check x-ray
3. 1/2: check cast for weakening (enforce) or loosening (replace)
4. Cast: 5-6/52 ➔ check for union if tender ➔ not consolidated ➔ remove cast for 7/52
   + minimal tenderness ➔ Tubigrip or cast + crepe
5. 7/52 ➔ physio fis (i) finger fusion
   (ii) grip
   (iii) pronet / supinet

AOUK Education
PO Box 328
Welwyn Garden City
AL7 1YR

Tel. +44 (0) 1707 395212
Fax +44 (0) 1707 391606
www.aouk.org
info.gb@ao-courses.com