LAPAROTOMY INCISIONS

- adequate access
- position
- Longissimus
- cosmesis
- incision perpendicular to skin

1. Transverse
   - secure healing
   - pain + chest problems
   - difficult to extend
   - longer to open/close
   - blood loss

2. Midline
   - good access + FAST
   - blood loss
   - pain
   - poor cosmesis

3. Paramedian
   - effective closure w/o strong sutures
   - hernia rate
   - longer to close
   - closure in layers + muscle-upward layer

4. Roof-top
5. Kocher

Mass closure - + dehiscence, but equal hernia rate
- Jenkins' rule ± suture length
- I cm apart, I cm bite, continuous