Carpal Tunnel

Informed consent.
LIT & tourniquet.
Incision in line 1-3 cm, space distal to distal wrist crease.
Not beyond thumb prominence.
Perpendicular to through skin fat.
Protect nerve with Macdonald dissector.
Cutter blade reduces prox & distal.
Interrupted NA - suture.

- Contents found: Median nerve
  FDS
  FDP
  FPL
  FCR

- Structures at risk: palmaris longus
  Cutaneous br of ulnar n.
  Superficial br of radial artery
  Ulnar artery a nerve
  Recurrent tendon br of median n.
  Palmar vascular arches.